REEDY LION

FOOTBALL

2026

B.A.M

"BY ANY MEANS"

Reedy Football Staff

Offensive Coaches

Will Secord – Co - OC / QB's
Brian Chandler – Co - OC / O-Line
Trevis Kahle - RB's
Brad Sicula – WR's
Clint Coffman – O-Line

Defensive Coaches

Brad Lagrone - DC
Steve Hayes - LB'S
Jon Zoda - DL
Shaylon Carter - Secondary

Freshman Coaches

Caleb Wells – Head Coach / OC
Caleb Zoda – DC
Ben Williams – Special Teams Coordinator

REEDY 2026

"B.A.M"

PRESENTED BY:
LINCOLN HARN

SPORTSYOU

All football communication will be pushed through this application!

- **Must sign up for main page Reedy Football, and corresponding team page (Freshman, JV, Varsity)**

- **All Football 2026: L98DZZWM**
- **VAR. Football 2026: YWVMWJVR**
- **JV Football 2026: 5X2YSFDU**
- **FR Football 2026: N5T5352F**

Athletic Training

Coach Frank
Frankr@Friscoisd.org
Coach Serrano
Serranoc@Friscoisd.org

- **If ever any question concerning paperwork and/or injury please contact us**
- **Encourage your child to communicate if they are hurt.**
- **Treatments will be every morning in the Gym Athletic Training room.**
  - **If injured – come in for treatment. If not coming in, expected to participate. EARLY TREATMENT TIME IS 5:45 am Mon-Wed**
- **Concussions:**
  - **Complete your Impact Concussion test**
  - **UIL/FISD concussion treatment and protocol is very specific - part of the process is having the Impact test completed before participating in the contact sport.**
- **RankOne paperwork**
- **FISD carries a secondary insurance policy for injuries that take place at school. Extra coverage is available for 24/7 accident coverage. If interested please contact us.**

Team Physician

- **Christopher Redman, M.D.**
  Board Certified Orthopaedic Surgeon
  Pediatric Sports Medicine and Spinal Deformity
  andrewsinstitute@childrens.com
  www.childrens.com/andrews
-
  7211 Preston Road
  Plano - Texas - 75024
  (P) 469.303.3000
  (F) 469.303.4510

Football & Injuries

1. Communicate
2. Use our resources
3. Stay on the same page

Practice Plan
In-Season

- **VARSITY / JV PRACTICE:**
  - 6:30 am to 8:15 am PRACTICE
  - Film / Weights during the 4th period block

- **FRESHMAN PRACTICE:**
  - 2:55 pm START OF 4TH PERIOD
  - 3:00 to 4:30 pm PRACTICE – Monday - Wednesday
  - 4:30 to 5:00 pm WEIGHTS – Monday & Wednesday
  - Friday – Var Game Day, FR will lift and be dismissed at the end of period. 4:25

**No morning practice on Thursday and Friday.

** VARSITY

- 11:00 am Saturday morning. Varsity ONLY

Accountability

Players please notify coaches if student athlete will be missing practice. This includes Saturday in – season schedule (Varsity Only)

Coaches office is 469-633-6470.

colec@friscoisd.org- Varsity and JV

wellscal@friscoisd.org - Freshman

Missed practices will need to be made up before Student athlete is allowed to participate in the next week's contest.

FRISCO ISD LETTERING GUIDELINES

To earn an athletic letter in Frisco ISD in a particular varsity sport you must:

* Complete entire season as a member in good standing with the team

AND

* Participate in at least 50% of the contests scheduled

OR

* Earn a point at the varsity district tournament, meet or match

OR

* Deemed to be of outstanding value to the team

Equipment Coordinators

Var – Coach Kahle

JV – Coach Hayes

Fr. – Coach Caleb Zoda

What we provide

- Any other items must be approved to be worn during practices/games.
- Athletes will be required to turn in the equipment issued to them at the end of the season.

- Helmet
- Shoulder Pads
- Practice Jersey
- Practice Pants
- Girdle
- Workout Shirt
- Workout Shorts
- Practice Socks
- Towel
- Mouthpiece

Colors/Laundry

- **School colors are Hunter Green, Silver, and Navy Blue**
- **Laundry will be washed for the players and returned to their lockers prior to practices. It is the athlete's responsibility to get items to be washed onto their laundry clips and into the basket for cleaning.**

REEDY LIONS COLLEGE RECRUITING INFORMATION

UNDERSTANDING RECRUITING

A GUIDE FOR THE COLLEGE BOUND STUDENT ATHLETE

REEDY HIGH SCHOOL
EST. 2015

LION PRIDE

THE RECRUITING PROCESS

HIGH SCHOOL COACHES DO NOT OFFER AND SECURE SCHOLARSHIPS FOR ATHLETES. SCHOLARSHIPS ARE ONLY OFFERED BY COLLEGE COACHES AND RECRUITERS. REEDY COACHES WILL ALWAYS HELP IN ANY WAY THEY CAN TO PROMOTE ATHLETES AND OUR HIGH SCHOOL FOOTBALL PROGRAM. REEDY COACHES WILL ALWAYS BE HONEST AND STRAIGHTFORWARD WITH COLLEGE COACHES, STUDENT ATHLETES AND PARENTS. THE RECRUITING PROCESS CAN BE AN EXCITING TIME IN A STUDENT ATHLETES LIFE, BUT FOR MOST, IT IS A STRESSFUL AND CONFUSING TIME FOR BOTH THE STUDENT ATHLETE AND THE PARENTS. COLLEGES HAVE A LIMITED NUMBER OF SCHOLARSHIPS EACH YEAR AND THEY ARE LOOKING FOR SPECIFIC MATCHES FOR THEIR PROGAM. THE RECRUITING PROCESS USUALLY TAKES TIME AND EFFORT FROM THE STUDENT ATHLETE. THE SCHOLARSHIP OFFER IS ULTIMATELY BETWEEN THE STUDENT ATHLETE AND THE COLLEGE COACH, LEAVING HIGH SCHOOL COACHES AND PARENTS OUT OF THE EQUATION.

3 QUESTIONS

1. *Are you the best player on the Team?*
2. *Are you one of the Top 10 players in the District?*
3. *Are you one of the Top 10 Players at your position in DFW area?*

-If you can't answer "YES" to each question, you might not be playing at major D1 Conference, but there are plenty of opportunities at the D2, D3, JC, NAIA levels

RECRUITING

- UNDERSTAND THAT RECRUITING IS BASICALLY COLLEGE FOOTBALL PROGRAMS SHOPPING FOR THEIR PLAYERS. THEY HAVE DIFFERENT EXPECTATIONS ON EACH POSITION AND THEY DO NOT ALWAYS MATCH EACH OTHER. EXAMPLE: SOME SCHOOLS WANT TIGHT ENDS THAT ARE AT LEAST 6'4" SO IF WE HAVE A GOOD TIGHT END THAT IS 6'2" THEY WILL NOT EVEN TALK TO THAT INDIVIDUAL. MANY TIMES THEY ARE INITIALLY LOOKING AT MEASURABLES AND NOT INTANGIBLES. (SIZE, STRENGTH, SPEED AND GRADES)
- THEY DO NOT TALK TO ANYONE WHO DOES NOT FIT THEIR MEASURABLE EXPECTATIONS. THERE ARE A TON OF GREAT HIGH SCHOOL ATHLETES WHO ARE 5'9" AND RUN A 4.6 IN THE 40. MOST OF THEM DO NOT GO AND PLAY DIVISION 1 FOOTBALL.
- IF A PLAYER REALLY WANTS TO PLAY COLLEGE FOOTBALL THERE ARE OPPORTUNITIES AT DIFFERENT LEVELS. THEY MIGHT NOT PLAY ON TV EVERY WEEK BUT THEY CAN PLAY A HIGH LEVEL OF FOOTBALL.
- DIVISION 2, DIVISION 3 AND NAIA ARE LEGITIMATE FOOTBALL. IF YOU HAVE NEVER WATCHED A GAME AT THESE LEVELS WE HIGHLY RECOMMEND THAT YOU GO WATCH A GAME FOR YOURSELVES.

RECRUITING MYTHS

- BAD GRADES WON'T MATTER IF YOUR TALENT IS GOOD ENOUGH.
- IF I HIRE A RECRUITING SERVICE THEY WILL GET ME A SCHOLARSHIP.
- MY HIGHLIGHT FILM WILL GET ME A SCHOLARSHIP.
- POST SEASON ACCOLADE'S WILL GET ME A SCHOLARSHIP

ENJOY YOUR TIME BEING A REEDY LION!

HIGH SCHOOL FOOTBALL IS ONE OF THE GREATEST TIMES OF LIFE, YOU MAKE LIFELONG FRIENDSHIPS AND LEARN ABOUT YOURSELF AND BEING PART OF A TEAM.

WITH TEAM SUCCESS COMES PERSONAL SUCCESS!

PARENT / COACH RELATIONSHIPS AT REEDY HS

Understanding and respecting the position of both parents and coaches will help enhance the athletic experience for our kids.

Playing Time…

Top 3 factors that determine playing time at RHS:

1. **Attitude**
2. **Effort**
3. **Ability**

At Reedy HS we have Great Kids and all of our Kids work extremely hard…

We spend all offseason insuring everyone meets this requirement.

We Have to be Allies in this process, Not Enemies!

Do Your Job!

"Positive Coaching Alliance"

1. **Coaches Coach**
2. **Players Play**
3. **Parents Parent**
4. **Officials Officiate**

Please refrain from destroying…

- **Your son's confidence**
- **His ability to form his own opinions**
- **His ability to fix his own problems**
  - **Commonly known as "Dinner Table Destruction"**

IF YOU FEEL THAT A CONFERENCE IS NECESSARY, PLEASE USE THE FOLLOWING PROCEDURE:

1. Call the Coach
2. Set up an Appointment
3. If the Coach cannot be reached, call the Campus Coordinator at 469-633-6470 and request a meeting

Please do not attempt to confront a coach before or after a contest or practice. Emotions are running too high and do not promote positive results or resolutions.

*** Nothing really gets solved over Email!

Parent Code Of Conduct:

1. Make sure your child knows that you love him or her, win or lose
2. Be realistic about your child's athletic ability
3. Emphasize improvement
4. Don't live through your kid. Your playing days are over!
5. Control your emotions. Please do not come to the fence to talk to your son on the sideline
6. Be an encourager
7. Respect coaches – communicate with them in a positive way and encourage others to do the same
8. Be a role model
9. Get to know other kids on the team
10. "Support the Pride"