

FISD ATHLETIC REGULATIONS AND EXPECTATIONS

A detailed outline of the Frisco Independent School District Athletic Regulations and Expectations

can be found below. This information can be accessed from the website:

<http://www.friscoisd.org/ad/>

It is the desire of the administration and coaching staff of the FISD that being an athlete will be one of the highlights of his/her secondary school career. Being a FISD athlete is a privilege, and is one that carries with it many responsibilities. As athletes in the FISD, our young people have an image to reflect. That image is one of positive leadership, character, responsibility, and great competitive spirit. Participation in the athletic program and/or University Interscholastic League contests is not a right but a privilege. No student is required to take part in athletic contest or activities. Therefore, it is imperative that all students participating in athletics understand the regulations that can be found below while conforming to the rules therein. Student athletes failing to follow these regulations or failing to live up to the Frisco ISD standards for student behavior can have athletic participation privileges removed by the supervising coach.

The following regulations will be in effect for all athletes in the FISD in order to be eligible to participate in any competitive sport, practice, or program directly related to improvement in a sport.

On the Field or Court

1. The athlete must refrain from the use of profanity or resorting to illegal tactics.
2. He/She must learn that both winning and losing are a part of the game and that you have to be a good loser as well as a gracious winner.
3. Temper fits, flagrant violations of rules, etc., will not be tolerated.
4. Total Respect to officials is an absolute must; the coach will discuss any calls made by officials.
5. Any behavior contrary to the above mentioned or any other act, which is not conducive to good sportsmanship, may result in removal from the contest.

Personal Appearance and Grooming

Participation in competitive athletics is completely voluntary on the part of all students. To participate in athletics in FISD, there are certain standards, which must be maintained. One such standard is acceptable grooming and personal appearance.

1. Uniformity: Athletes do much traveling to other schools, towns, communities, restaurants, etc., as representatives of the FISD; therefore, they should be groomed in a manner in which our community, school and sponsors will be proud. We expect our athletes to set the example for our school in the area of grooming and personal appearance.

2. Self Discipline: One of the rewards of being an athlete is learning to discipline himself/herself. There is no better way to acquire self-discipline than to make sacrifices. Giving up untidy fads of dress and appearance is a very small sacrifice.
3. Hair: In accordance with school policy, hair shall be clean, well groomed, and out of the eyes and shall be styled in a way that is not distracting and/or designed to be conspicuous. The athlete's hair should be neatly trimmed to meet his/her coach's satisfaction. **Bleaching and dying of hair a different color is unacceptable!!!** Facial hair such as mustaches, beards, goatees, and extremely long sideburns are not allowed.
4. Dress: The athlete should be neatly dressed which includes shoes and socks and complies with all other school rules relating to dress not covered in the policies.
5. Body Art/Piercing: The athletic department realizes that sometimes athletes will have tattoos and body piercing. However, tattoos should not be visible when representing FISD as an athlete. The same holds true for earrings, belly button ring, and the like. Examples deemed inappropriate include: practice, games, banquets, and at tournaments. Tattoos should simply have tape or a band-aid over them, while the body jewelry can simply be taken off.

Disrespect to Teacher or Coach

Any act of disrespect by an athlete to his/her teacher, coach, or member of school administration will be handled on an individual basis. Punishment may call for expulsion from athletic activities for one calendar year from date of incident. His/Her return would be determined by his/her conduct during the period of the expulsion

The Following Rules Apply to all Athletes at all Times

1. No use of tobacco of any kind
2. No possession or consumption of alcoholic beverages
3. No abusive drugs (marijuana, narcotics, and drug paraphernalia)
4. All Social Media postings – both pictures and language should be appropriate and up to the expectations of the Student Code of Conduct in the FISD athletic guidelines, regulations and expectations (examples of inappropriate use include, but are not limited to, profanity, inappropriate gestures, suggestive pictures, hazing, threats, etc).

These rules apply to all athletes at all times during his/her school career. The head coach will discipline violators. Punishment will be in accordance with FISD Code of Conduct for Extracurricular Activity Involvement. Also, FISD requires that all participants in athletics for grades 9-12 to undergo random drug and alcohol testing in accordance with FISD Substance Abuse Prevention and Testing Policy.

Intra-district Transfer and Athletic Participation

When a student athlete moves/transfers from one FISD campus to another FISD campus and that student plans to participate in an athletic program at the new school, they must leave the previous school and athletic program in good standing in order to be eligible for participation in sports. Under UIL guidelines, a student that transfers for athletic purposes would not be eligible for varsity participation at the receiving school.

Transfers for Children of Frisco ISD Employees

Frisco ISD Board Policy

The children of District employees may transfer from the assigned campus in the attendance zone in which they live to a campus in the attendance zone in which their employee/parent works provided that the parent is a full-time employee at a campus in the receiving attendance zone and space for additional students is available at the requested campus. A student who requests a transfer under this policy at the first opportunity provided by the District shall retain his or her eligibility for varsity UIL competition in accordance with Section 440(B)(4) of the UIL Constitution and Contest TRANSFERS BETWEEN SCHOOLS FACTORS TIME LINES RELOCATING STUDENTS CHILDREN OF EMPLOYEES Frisco ISD 043905 ADMISSIONS FDB INTRADISTRICT TRANSFERS AND CLASSROOM ASSIGNMENTS (LOCAL) DATE Rules. Requests for such intra district transfers shall be filed with the Superintendent within 30 days of the assignment of personnel.

Eligibility

The UIL No Pass No Play rule requires all athletes to maintain a 70 in all classes each 6 weeks in order to participate. You must be on grade level in order to participate at the beginning of the school year.

9th = Promotion

10th= 5 Credits

11th= 10 Credits

12th= 15 Credits

Also, to be enrolled in athletics both "A" and "B" days, an athlete must earn a minimum number of credits the previous year.

9th = Promotion

10th= 6 ½ credits

11th= 13 credits

12th= 19 ½ credits

Coaches will do a credit check at the beginning of each school year to ensure the proper number of credits have been obtained the previous year.

Miscellaneous

1. Theft: Taking things from other players, students, school, etc., will not be tolerated. Consequences will be determined on a case by case basis.
2. School Equipment: The athlete is financially responsible for all equipment checked out to him/her. The athlete shall not wear or use school equipment for personal use. Equipment may not be removed from school property without permission from his/her coach. Equipment must not be abused. It must be kept in the proper place in the locker room or on hangers.
3. Quitting: If an athlete decides to quit a sport, then the athlete may not be allowed to rejoin the team. Whether or not an athlete is permitted to rejoin the team will be at the discretion of the head coach. If an athlete quits one sport and is seeking to join another sport within the same school, then the athlete's ability to join a new sport immediately will be at the discretion of the two involved head coaches. If an athlete quits a sport at one FISD campus and moves or transfers to a second FISD campus, then the athlete's ability to participate in the same sport at the new campus will be determined by the new

school's head coach. The new school's head coach will make this determination based on the facts and circumstances involved in the athlete quitting at the previous FISD campus. Note: In some cases involving students moving from one campus to another, the District's Executive Committee may be involved and establish restrictions on the student's eligibility to participate at the varsity level.

4. Practice and Game Regulations: A coach must be consulted ahead of time if any athlete must miss a practice or game. Missing a game or practice without permission may result in suspension or expulsion from the team. Obey all rules set by the coach. Profanity will not be tolerated
5. School vs. Club Expectations: All school practices and games will take priority over club practices and games. An effort will be made to work with an athlete in club sports.
6. Facilities: No horse play such as throwing towels, etc. will be tolerated in the shower or dressing rooms. All showers should be turned off after use. The last person leaving the shower should turn off all showers. The training room is a work office, not a social hall. Do not enter the equipment room without coach's permission. Each athlete is responsible to see that his/her equipment is in its proper place before leaving.
7. Travel: All athletes in Middle School and High School represent the community, school, and coaches. Therefore, they should conduct themselves in the following manner.
 - a. Be on time for all trips.
 - b. Dress neatly as directed by the coach
 - c. Be mannerly in restaurants
 - d. Each athlete is responsible to return his equipment to the proper place at the school.
 - e. All students making the trip on the bus will return on the bus unless in an emergency type situation or when parents are present with good reason for returning with parents. The head coach must approve prior to the trip.