

Shooting 500

One handed form shots ____/25

FT ____/25

Elbow jumper ____/25

FT ____/25

Short Corner ____/25

FT ____/25

Corner 3 ____/25

Shot Fake and Drive Rt. ____/25

Wing 3 ____/25

Shot Fake and Drive Lt. ____/25

Top 3 ____/25

Sweep and Drive Rt. ____/25

Wing 3 ____/25

Sweep and Drive Lt. ____/25

Corner 3 ____/25

Misc. 3s ____/75

Short Corner ____/25

Elbow Jumper ____/25

Other Idea:

-“KGB Challenge” – See how many total shots you can make without missing two in a row from each of the 5 spots (corners, wings, top). Can shoot 15 footers or 3pters. Keep track of your own high score and try to beat it or compete against a friend. You can also check varsity locker room for the current records for 15 footers and 3pters. See if you can beat those records and get your name on the wall.