**District 13 – AAAAA**

**Track & Field Championship 2017**

**Rain Out TBA**

**Day 1: Wednesday, April 12th**

**1:00 - SESSION 1:**

**Triple Jump #1 – VG/Triple Jump #2 - JVB**

**Discus – VG/Shot – JVB**

**Pole Vault – VB / VG *PV will roll***

**2:30 - SESSION 2:**

**Triple Jump #1 – VB/Triple Jump #2 - JVG**

**Discus – VB/Shot – JVG**

**4:00 - SESSION 3:**

**\*JV 3200m Run   *Finals* - (JVG / JVB)**

**5:00 - SESSION 4:**

***\*RUNNING PRELIMS (JVG / VG  /  JVB  /  VB)***

**100m Low Hurdles               (JVG / VG)**

**110m High Hurdles              (JVB / VB)**

**100m Dash**

**400m Dash**

**300m Int. Hurdles**

**200m Dash**

**\*3200m Run   *Finals* - (VG / VB)**

**Day 2: Thursday, April 13th**

**1:00 - SESSION 5:**

**Shot Put - VB/Discus – JVG**

**Long Jump - VB/Long Jump – JVG**

**High Jump - VG/High Jump – JVB**

**Pole Vault - JVG / JVB  *PV will roll***

**2:30 - SESSION 6:**

**Shot Put - VG/Discus– JVB**

**Long Jump - VG/Long Jump – JVB**

**High Jump - VB/High Jump – JVG**

**5:00     SESSION 7:   \*RUNNING FINALS (JVG / VG / JVB / VB)**

**5:00       4 x 100m Relay**

**5:15       800m Run**

**5:35       100m Low Hurdles**

**5:45       110m High Hurdles**

**5:55       100m Dash**

**6:05       4 x 200m Relay**

**6:20       400m Dash**

**6:35       300m Int. Hurdles**

**6:50       200m Dash**

**7:05       1600m Run**

**7:35       4 x 400m Relay**